

Lesson Title: Body Drumming	Grade Level: K-12
Objective(s): Students will practice three part body drumming and syncopated drum set patterns	Resources/Materials: Body Drumset Video 1
Procedures (Lesson steps) - Students will . . . <ol style="list-style-type: none"> 1. Play along with the quarter note backbeat pattern (5 min) 2. Play along with the 8th note backbeat pattern (5 min) 3. Play along with 1st common backbeat variation (3 min) 4. Play along with 2nd common backbeat variation (3 min) 5. Play along with syncopated kick drum backbeat (3 min) 6. Play along with 8th note kick drum backbeat (3 min) 7. Play along with 2nd syncopated note kick drum backbeat (3 min) 8. Students will discuss reflection question and provide each other with tips (10 min) 	
Reflection Questions: Is there are specific part (hat, snare, kick) or pattern you find easier or more challenging to play?	
Dif ferentiation	
Expansion - Teachers can use custom drum parts and playlists for students to play along with. Students can play along with Body Drumset Video 2.	Simplification - Students play 1 or 2 parts or play simplified versions of the drumbeat patterns.