



Listening to Music - Guided Listening, Your Community



Overview

Musical preferences can tell you a lot about someone! Listening to the music that a friend, mentor, or family member likes is a great way to get to know them better. Remember that if somebody agrees to share favorite music with you, that can be somewhat personal or vulnerable for them. Treat it like a gift, and if their favorite music is not your favorite - you can keep that opinion to yourself and just be grateful that this person was willing to share one of their favorite things with you!

Exploration

Ask a friend, family member, or someone else the following questions:

Who is one musician or band that you love?

What are one or two of your favorite songs of theirs?

What is this music important to you?

How do you know this is the chorus of the song?

What else did you ask them about their favorite music?

Afterwards, listen to the song(s). What are your reactions?

